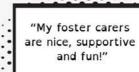
Bluesky



YOUR GUIDE TO BLUE SKY FOSTERING





# Blue Sky





This guide is printed in English, if you would like it printed in another language, please ask someone to contact Katie on 07725 860490

Ky udhëzues është i printuar në anglisht, nëse dëshironi të shtypet në një gjuhë tjetër, ju lutemi kërkoni dikë të kontaktojë Katie në 07725 860490

دا لارښود په انګلیسي ژبه چاپ شوی، که تاسو غواړئ چې په بله ژبه کې چاپ 07725 شي، مهرباني وکړئ له یو چا څخه وغواړئ چې کیټي سره په 860490 اړیکه ونیسئ

Hướng dẫn này được in bằng tiếng Anh, nếu bạn muốn nó được in bằng ngôn ngữ khác, vui lòng nhờ người liên hệ với Katie theo số 07725 860490

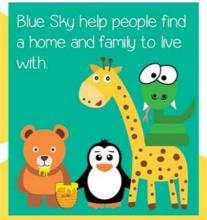
Buku ieu dicitak dina basa Inggris, upami anjeun hoyong eta dicitak dina basa sejen, mangga ménta batur pikeun ngahubungan Katie on 07725 860490

本指南以英文印刷,如果您想以其他语言印刷,请联系 Katie, 电话: 07725 860490

یہ گائیڈ انگریزی میں پرنٹ کیا گیا ہے، اگر آپ اسے کسی دوسری زبان میں پرنٹ کرنا چاہتے ہیں، تو براہ کرم کسی سے کیٹی سے 07725 860490 پر رابطہ کرنے کو کہیں۔



### Who are Blue Sky





Blue Sky help talk to the important people in your life to help keep you safe.







How you feel and what you are thinking is really important to us! If there is ever anything you want to talk about you can give Katie a call on 07725 860490 for a chat!





Blue Sky Bear is not sure what his foster carers will do...

Can you follow the lines to help Blue Sky Bear find out what his foster carers do?



### Family

Try to help him see his family



### Health

Take him to the doctors and dentist



### Learning

Help him with school work and help him do the things he enjoys



### Safety

Give him a safe place to live and nice food to eat

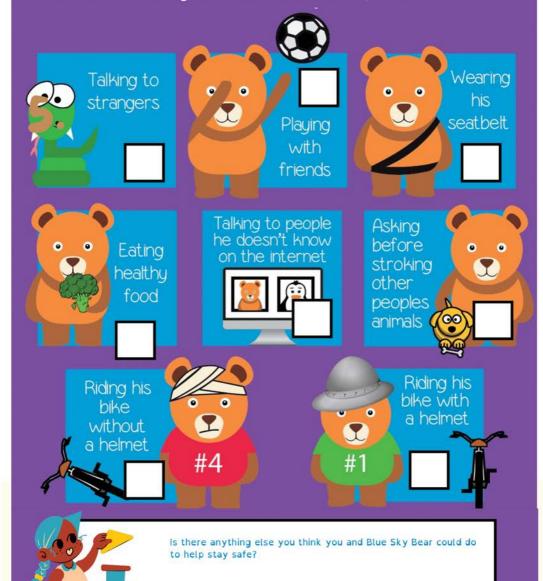


#### Support

Talk to his social worker and Blue Sky



Your foster carers will do their best to help keep you safe. Can you help Blue Sky Bear come up with the "Keeping Safe" rules by putting a mark in the boxes next to the things he should do to keep safe



## WHO CAN YOU TALK TO?

Blue Sky Bear is feeling worried and he doesn't know what he should do. He feels like he is lost in a maze.

Can you help him?



Number

Katie - 07725 860490



Ofsted

0300 123 1231





Children's Commissioner

Dame Rachel de Souza works with the government to make sure your voices and needs are heard. You can contact her and her team with the information here...

Phone: 020 7783 8330

#### What is an advocate?

Sometimes you might need some help sharing your voice. An advocate is someone who speaks up for other people, especially if those people are having a hard time being heard. Imagine a friend at school feels too shy to tell the teacher they need help. You can be their advocate by telling the teacher for them.

You might find that there is a time when you need help sharing your voice. You can ask anyone from Blue Sky to help you, but if you would rather speak to someone else, you can speak to someone at Help at Hand.

#### Here is their website:

https://www.childrenscommissioner.gov.uk/help-at-hand/ and their phone number: 0800 528 0731. Anyone from Blue Sky will be more than happy to help you contact them.





### Complaints



Blue Sky Bear is wondering what he could do if he did not feel happy with the care his foster carers were giving him, or if he felt unsafe. You can follow the same guide if you feel unhappy or unsafe with your foster carers.

Blue Sky Bear doesn't feel happy with how his foster carers are caring for him...



He asks his foster carer, or Molly, for his social worker or a Blue Sky worker to come and visit him. He doesn't need to tell his carer why he would like a visit...

Blue Sky Bear tells the social worker what he is worried about and he is listened to...

The social worker speaks to the people who work at Blue Sky...

Blue Sky Bear's social worker speaks to his foster carers about ways to make things feel better, and then talks to him about how things can change...

If Blue Sky Bear still feels unhappy, Blue Sky will ask another social worker to try and help...

They will listen to Blue Sky Bear and try to find a way to make things feel better...

If he still isn't happy, Blue Sky will make a panel of three people that will look at his complaint again and let him know their decision...

Blue Sky Bear can phone Ofsted (who are in charge of making sure Blue Sky are doing their job and keeping you safe) whenever he needs to. This might be to make a complaint, or to share something he is worried about. Their number is 0300 123 1231, if you need help calling them, you can ask your foster carer, or someone at Blue Sky.



# QUESTIONS



Blue Sky Bear has some questions about what it will be like living in foster care. Using your pencil, can you help him match the answers to his questions?

WHEN WILL

I

SEE MY
FAMILY?

There might be different reasons for this. You can ask your social worker who will be able to explain it to you.

WILL I GET POCKET MONEY? Sleep is really important and your foster carers will let you know what time you need to go to bed.

WHEN IS BED TIME? You will get pocket money from your foster carers and they will save some money for you also. You can ask them to see how much you will get.

WHY DO I LIVE HERE? Your social worker will decide when you can see them, and you can ask your social worker at any time if you would like to see them.



### **Useful Links!**



Katie Sell - The Manager of the Blue Sky team and makes sure all young people and carers have all the support they need. katie.sell@blueskyfostering.co.uk 07725860490



Molly Lloyd - Listens to all young people's voices and makes sure that young people have access to everything they need.
molly.lloyd@blueskyfostering.co.uk 07741313162



Dame Rachel De Souza - Works with the government to make sure all young people are safe, happy and cared for. 02077838330, https://www.childrenscommissioner.gov.uk/about-us/contact/



Sir Martyn Oliver - Works with Ofsted who are responsible for making sure everyone is working in a safe way to help young people thrive. 03001231231, <a href="mailto:enquiries@ofsted.gov.uk">enquiries@ofsted.gov.uk</a>, or Clive House, 70 Petty France, London SW1H 9EX



Our website where you can find information to contact your local hub www.blueskyfostering.co.uk

### Blue Sky Art Gallery!













